

**Activity Approval Format**

Date: 29-7-2021

**Program:** Online Quiz

**Need:** To check the awareness of healthy eating & fitness.

**Objective:** Awareness about good life style.

**Content:** Eating habits, benefits of exercise, basic knowledge about health.

**Resource Person:** --

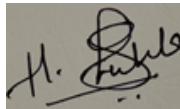
**Date:** 5-8-2021

**Time:** 10:00 am to 5:00 p.m

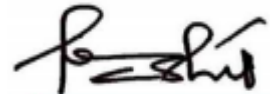
**Venue:** Online Mode

**Cost/Budget:** NA

**Proposed By:** Health Club



**Verified By:**



**Minutes of the meeting**

Date: 28-7-20201

Time: 1:00 p.m

Mode: Whatsapp Call

Following things were discussed in the meeting:-

The agenda of the meeting was to discuss the quiz competition for students related to health & fitness to be held on 5<sup>th</sup> August,2021. Students scoring 60% above will be receiving certificates. Work allocated: Quiz: Asst.Prof. Himani & Certificate: Asst.Prof. Vinay.

**Health Club In-charge:**

Asst. Prof. Himani Shukla

**Health Club Members:**

Asst. Prof. Vinay Vilas Shahapurkar

Asst.Prof.Utkarsh Kapadia



Bunts Sangha's  
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**Notice**

**Date: 5/8/2021**

"Of all the knowledge, that most worth having is knowledge about health! The first requisite of a good life is to be a healthy person. - Herbert Spencer." 🌸

Hello Everyone! 🙏

Warm Greetings from the

Health Club 🧑 of

Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies (Affiliated to University of Mumbai), Powai, Mumbai 🏢 is conducting a Quiz on Healthy Eating & Fitness.

For : All UG & PG Students 🧑🧑

Quiz Form Link : <https://forms.gle/y2dAm5CmXUn4WVWS8>

📅: 5th August, 2021.

🕒 : 10:00 am to 5:00 pm.

Passing Criteria : 60% & Above 🧑🧑

Students scoring 60% above will be receiving 🌟 e-CERTIFICATE 🌟 in their mail.

For any queries, contact at :

himanis@smshettyinstitute.org



  
**PRINCIPAL**  
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**Report**

**Organized by:** Health Club

**Event:** Online Quiz on Health & Hygiene

**Topic:** Healthy Eating & Fitness

**Date:** Thursday – 5<sup>th</sup> August, 2021

**Timing:** 10:00 am -5:00 pm

**Venue:** Online Mode

**Scope:** Students

**Resource Person:** --

**Objective:** To check & inculcate knowledge of students regarding health, hygiene & fitness.

**Highlights:**

Total 57 responses were received & all the participants scoring 60% & above were awarded with certificate of participation (through email).

**Health Club In-charge:**

Asst.Prof.Himani Shukla

**Health Club members:**

Asst.Prof.Vinayak Shahapurkar

Asst.Prof.Utkarsh Kapadia



  
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**Participant List**

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Certificate

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**ISO 21001:2018 Certified** 

**Certificate of Participation**

This is to certify that  
Mr./Ms. **Archana Chauhan** from **S.M.Shetty College** has successfully completed online  
Quiz on **"Healthy Eating & Fitness"** organised by **Health Club** on 5th, August 2021.

**Score: 67%**

  
Asst.Prof.Himani Shukla  
Health Club In-charge

  
Asst.Prof. Sandesha Shetty  
Vice Principal

  
Dr.Liji Santosh  
Vice principal

  
Dr. Sridhara Shetty  
Principal

